

\$41 SUMMERLICIOUS LUNCH

choice of appetizer, main & dessert

Appetizers

CHICKEN LIVER PÂTÉ

saskatoon berry compote, cornichons, sourdough

LA PLUME 'CAPRESE' SALAD

mozzarella, niagara stone fruit, heirloom tomato, olives, basil

B.C. TUNA TARTARE

summer peppers, capers, preserved lemon, castelvetrano olive, sumac

WATERMELON GAZPACHO

labneh, tomato, cucumber, roasted peppers, basil

Mains

PASTA BOLOGNESE

radiatori pasta, beef & pork bolognese, porcini, parmigiano-reggiano

SEARED SALMON

green beans, charred zucchini, watercress, gribiche

GRILLED STEAK & PEA SALAD

3oz strip loin, fresh peas, sugar snaps, horseradish, balsamic roasted onion, salad greens, chimichurri

GIANNONE RÔTISSERIE CHICKEN

quarter chicken, pomme purée, gravy, smoky mustard

VEGAN EGGPLANT 'STEAK'

cashew cheese, green onion & pepper vierge, candied pepita seeds

Desserts

CHOCOLATE MOUSSE

coffee crèmeux, coffee chantilly, salt

OLIVE OIL GÂTEAU

citrus diplomat, lemon marmalade, basil

COMTÉ CHEESE

apple & fennel mustard, buckwheat cracker

Summerlicious Drinks

PARIS EN VERRE 1.5oz 14
local spirit gin 7, st-germain elderflower liqueur, lemon

RIVIÈRE ROUGE 1.5oz 14
local spirit whisky 3, lemon, raspberry, soda

MISTRAL FIZZ 2.5oz 14
local spirit vodka 8, cabert prosecco, meaghers triple sec, peach, lime, soda

ZESTE DE VIE non-alc 14
noa italian apéritivo, lemon, mango, watermelon

LE FEU DOUX non-alc 14
ginger ale, mango & jalapeño syrup, soda

BEER 16oz
Lost Craft 'Lost Light' Pale Ale 8
High Park 'Lightwave' Ipa 8

WINES 5oz/8oz/750ml
Cabert Prosecco Extra Dry- Friuli, IT 12/-/55
Laurent Miquel 'Nocturnes' Syrah/Grenache, Languedoc, FR 12/18/55
Laurent Miquel Albariño, Languedoc, FR 12/18/55

Additions

BACON 6

MERGUEZ 6

EGG (2) 6

SMOKED SALMON 8

Hors d'Oeuvres

BREAKFAST BRUSCHETTA 18
labneh, heirloom tomato, avocado, cucumber, olives, basil, sourdough

SMOKED SALMON BRUSCHETTA 24
labneh, avocado, smoked salmon, pickled beet, cucumber, dill

WARM MARINATED OLIVES 9
olive oil, fresh chilies, herbes de provence

TRADITIONAL BEEF TARTARE APP 22 / MAIN 35
dijon mustard, shallots, capers, parsley, egg yolk, harissa
enjoy as a main with a side of frites!

ESCAROLE CAESAR SALAD 18
escarole, romaine, bacon bits, anchovies, parmigiano-reggiano, olives, garlic croûtons, creamy garlic dressing

FRENCH ONION SOUP 19
three cheeses, baguette, parsley

BURRATA 19
heirloom beets, pickled radicchio, preserved cherries, olives

SEASONAL FRUIT PLATE 12

Pâtisserie

BUTTER CROISSANT 5

CHOCOLATE CROISSANT 6

ALMOND CROISSANT 6

SWEDISH CARDAMOM BUN 6

Plats Principaux

OMELETTE 20
whipped ricotta, roasted tomato, arugula

CROQUE MADAME CRÊPE 26
rôtiſſerie ham, gruyère, two sunny-side-up eggs, pickled zucchini, béchamel

SMOKED SALMON 26
"socca" chickpea pancake, poached eggs, hollandaise sauce

EGGS BENEDICT
poached eggs, spinach, toasted croissant, hollandaise sauce, served with house salad
with ham 23 with smoked salmon 27

LA PLUME BREAKFAST 25
two sunny-side-up eggs, bacon, lamb merguez, roasted mushrooms, potatoes, sourdough

QUICHE 20
asparagus, spinach, comté, served with house salad

LABLABI 24
tunisian chickpea stew, merguez, poached eggs, harissa, pita

FRENCH ONION BURGER 28
caramelized onion, comté, dijon & rosemary aioli, served with frites

MUSHROOMS ON TOAST 22
poached eggs, roasted mushrooms, spinach, hollandaise sauce, sourdough

CLASSIC WAFFLE 18
berries, banana, chantilly, maple syrup

BANOFFE WAFFLE 20
banana jam, banana caramel, chocolate, chantilly, maple syrup

DUCK A L'ORANGE WAFFLE 40
duck confit, fried eggs, orange, aurugla, maple syrup

7OZ FLAT IRON STEAK 40
two sunny-side-up eggs, sauce vierge, breakfast potatoes

RÔTISSERIE CHICKEN SALAD 26
green peas, snow peas, pea sprouts, charred onion, horseradish, frisée